Spice & Ginger
discovering food stories

Savoring Oman: culinary discoveries in the sands

Explore Oman with me!

We escaped the gloomy, rainy weather and traveled to Oman. Our journey kicked off in the bustling capital of Muscat. After immersing ourselves in the city's charm, we embarked on a journey along the northern coastline, all the way to Sur. Continuing our tour, we ventured into the captivating desert landscape of Wahiba Sands. Next, we headed inland into the rugged beauty of the Hajar Mountains. On our second trip to Oman, we visited the sparsely populated Musandan Peninsula.

During these trips, I gathered plenty of inspiration for new blog content about our exciting adventures and enticing recipes. I am thrilled to share them with you now.

Recipes

Join me on a culinary adventure through the vibrant flavors of Oman. Discover an authentic recipe for Shuwa, the fiery kick of Samkeh Harra, the irresistible charm of Mishakik, and the delicate sweetness of brioche with rose and cardamom. Let's get cooking!

Shuwa: the national dish of Oman

Shuwa is the national dish of Oman and the preparation method has been part of the Omani culture for centuries. It is a festive dish that you can make at home with this authentic recipe.

Shuwa

Samkeh harra: grilled fish with harra sauce

Samkeh harra is a dish with Lebanese roots where grilled or fried fish is generously topped with a spicy tomato and red pepper sauce. Let me show you how to make it!

Samkeh harra

Mishakik: irresistible kebabs from Oman

Mishakik or kebabs are one of the most popular Omani dishes and are always on the menu at family gatherings. Let me take you to Oman with my recipe for spicy beef mishakik.

Mishakik

Brioche with cardamom, rose and almond milk

This sophisticated dessert consists of crispy baked brioche bread soaked in almond milk and scented with rose and cardamom. Mmm!

Brioche

Travel articles

Beautiful beaches, picturesque villages, mysterious wadis, endless sand dunes, rugged mountains, striking architecture and a rich culture. In my latest blog posts, I tell you all about the myriad wonders of Oman.

Oman travel tips and advice

Oman is a beautiful and fascinating country on the Arabian Sea. It is a safe place, and the people are friendly and welcoming. Discover the magic of Oman and prepare yourself for an unforgettable trip with my travel tips.

Oman travel tips and advice

Must do's in Muscat, Oman

Old and new go hand in hand in Muscat, a vibrant and secure city. With stunning architecture, beautiful beaches and a rich culture, Muscat has it all. Ready to explore? Here are my top tips!

Must do's in Muscat

Stay up to date!

Go check out all of our travel and food stories on the brand new website, or follow Spice&Ginger on social media.

Good travels!

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